

Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.
Mary Anne Radmacher



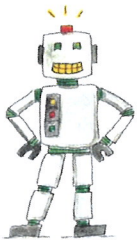
Remember to breath
I Can Do This



The more I practice
the better prepared I
will be



Drag your thoughts
away from your
troubles...by the
ears, by the heels, or
any other way you
can manage it.
Mark Twain



Bigger Stronger
I Know I Can



Bigger Stronger
I Know I Can



Bigger Stronger
I Know I Can



I can be stronger than my Mr Jitters



*I felt scared,
but I did it
anyway*



*I felt scared,
but I did it anyway*